SATURDAY,
FEBRUARY 2, 2019

DEPRESSION IN 2020:

BIOMARKERS, TECHNOLOGIES AND NOVEL THERAPIES

CHELSEA HOTEL, 33 GERRARD ST W, TORONTO

CANMAT

CAN-BIND

PROGRAM
FEBRUARY 2, 2019

7:30AM-8:00AM

Breakfast & Registration

8:00AM-8:15AM

Welcome & Introductions

Dr. Sagar Parikh

Opening Remarks

Dr. Sidney Kennedy

Dr. Raymond Lam

8:15AM-9:00AM

Plenary 1: Biomarkers & Bitcoin:Transmogrifying Hype into Patient Care

Dr. Roy Perlis

9:00AM-9:45AM

Plenary 2: Image-based Biomarkers in Depression

Dr. Jonathan Downar

9:45AM-10:00AM

Break

10:00AM-11:30AM

Symposium 1: Emerging Treatments in Depression

Ketamine Treatments (30min)

Dr. Pierre Blier

More than a Gut Feeling: Emerging Roles of the Microbiome in the Treatment of Depression (30 min)

Dr. Jane Foster

Theta Burst Stimulation for the Treatment of Depression (30 min)

Dr. Daniel Blumberger

11:30AM-12:30PM

Lunch

12:30PM-2:00PM

Symposium 2: Technology & Health

m-Health & Depression (40 min)

Dr. John Torous

Online CBT for Depression: Current Evidence & Clinical Tools (25 min)

Dr. Lena Quilty

EEG Devices for Mood and Anxiety (25 min)

Dr. Faranak Farzan

2:00PM-2:15PM

Break

2:15PM-3:45PM

Concurrent Workshops

Cannabis and Mood Disorders: Knowledge Translation in Clinical Practice

Dr. Oyedeji Ayonrinde

CANMAT Bipolar Guidelines

Dr. Benicio Frey

Dr. Valerie Tourjman

CANMAT Depression Guidelines

Dr. Sophie Grigoriadis

Dr. Sagar Parikh

3:45PM-4:00PM

Closing Remarks

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DESCRIPTION

A one-day conference for Psychiatrists, Family Physicians, other health professionals, and trainees. The conference is co-organised by Canadian Network for Mood and Anxiety Treatments (CANMAT) and Canadian Biomarker Integration Network for Depression (CAN-BIND) and will host global experts in depression research and treatment.

LEARNING OBJECTIVES

- Identify emerging treatments and technologies for depression, including medication, psychotherapy, brain stimulation and digital health tools
- Describe recent findings in depression biomarker research and explain how they may impact patient care
- Discuss best available depression management options with consideration for emerging treatments

ACKNOWLEDGEMENT OF SUPPORT

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GOLD

- Allergan Inc. (Canada)
- Janssen Inc.

SILVER

- Sunovion Pharmaceuticals Canada Inc.

Register at https://depression-in-2020-conference.eventbrite.ca

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